



San Diego County BMI Surveillance is beginning – and needs your help!

The San Diego Regional Immunization Registry (SDIR), part of the California Immunization Registry (CAIR) now supports BMI surveillance. By tracking height and weight data on all children, the **San Diego County Childhood Obesity Initiative** will enable us to improve clinical care for patients and enhance the capacity of the public health system at a population level in the following ways:

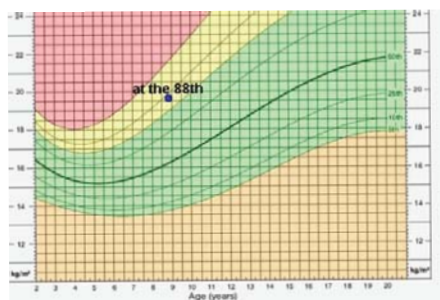
- Generate greater awareness of the childhood obesity epidemic, and provide data to support funding requests
- Compare standardized childhood obesity statistics among and between health systems and clinics
- Automate calculation of BMI and plotting growth charts for patient and family use
- Identify and characterize BMI in geographic and demographic groups
- Relate population-level BMI for target children before and after implementation of healthy lifestyle programs around San Diego County
- Make a difference for our children's health

The SDIR needs data to make this happen!! Here's how you and your staff can help:

1 Enter height and weight data into the SDIR for each patient



2 Print patient's BMI chart



3 Use population level data to understand effectiveness of programs and areas of greatest needs

