

**School Wellness Policy Attributes
“Staff Role Modeling”**

District Name	BP/AR	Page #	Sentence
Bonsall Union		2	<ul style="list-style-type: none"> Promote staff wellness programs that support employees' efforts to improve their personal health and fitness so they can serve as role models for promoting the health of others, including students.
Borrego Springs Unified	BP	B	The Superintendent or designee shall encourage staff to serve as positive role models.
Cajon Valley Union	BP 5030	1 b	<p>Encouraging staff to serve as positive role models for regular physical activity.</p> <p>Staff shall be encouraged to serve as positive role models.</p>
Chula Vista Elementary	BP	2	The Superintendent or designee shall encourage staff to serve as positive role models. He/she shall promote and may provide opportunities for regular physical activity among employees.
Dehesa	BP	2	The Superintendent/Principal or designee shall encourage staff to serve as positive role models.
Encinitas Union	BP	B c	<p>The Board desires to provide a comprehensive program promoting healthy eating and physical activity for district students. Encinitas Union School District shall build a coordinated school health system that supports and reinforces health literacy through the core curriculum as well as health education, physical education, health services, nutrition services, psychological and counseling services, health promotion for staff, a safe and healthy school environment, and parent/guardian and community involvement.</p> <ul style="list-style-type: none"> The District shall encourage staff to serve as positive role models and shall promote and/or provide opportunities for regular physical activity among employees.
Escondido Union	BP	2	The superintendent or designee shall encourage staff to serve as positive role models and may provide opportunities for regular physical activity among employees.

			development shall include instructional strategies that assess health knowledge and skills and promote healthy behaviors.
Mt. Empire Unified	BP	3	1. The Superintendent shall encourage staff to serve as positive role models. He/she shall promote and may provide opportunities for regular physical activity among employees. Professional development shall include instructional strategies that assess health knowledge and skills and promote healthy behaviors.
National	BP	4	The Superintendent or designee shall encourage staff to serve as positive role models and may provide opportunities for regular physical activity among employees.
Oceanside Unified	BP	1	Staff shall be encouraged to serve as positive role models for students with regard to nutrition and physical activity.
Poway Unified	BP	2	c. Staff members are encouraged to engage in regular physical activity, as appropriate.
	BP	7	<p>9. Staff Members as Role Models</p> <p>Adults can have a significant impact on the development of students' health behaviors. District and school staff members can model healthy eating and physical activity behaviors in a variety of ways, including, and not limited to:</p> <ol style="list-style-type: none"> a. Using teaching skills that help students gather information, practice problem solving techniques, and use effective communication skills. b. Providing healthy snacks in the classroom. c. Encouraging non-food fundraisers. d. Not using food as a reward for behavior or academics. e. Participating in the school meal program and making healthy choices. f. Using the stairs instead of the elevator when appropriate. g. Participating with children in classroom-based physical activity. h. Leading or participating in school fitness activities such as walking or running clubs, yoga class, and weight lifting. i. Talking about the physical activities students like to do outside of school. j. Using physical activity as a reward rather than as a form of punishment. k. Using appropriate safety gear, such as helmets,

			during physical activity.
Ramona Unified	BP	1	The Superintendent or designee shall encourage staff to serve as positive role models.
San Diego Unified	AP	5	5. School site and district staff shall make every effort to become healthy role models for our students, parents, and community members.
San Pasqual Unified		5	5. School site and district staff shall make every effort to become healthy role models for our students, parents, and community members.
San Ysidro	BP	C d	The Superintendent or designee shall encourage all staff to serve as positive role models. Promote staff wellness programs that support employees' efforts to improve their personal health and fitness so they can serve as role models for promoting the health of others, including students.
Solana Beach	E	4	<u>Staff Wellness</u> Solana Beach School District highly values the health and well-being of every staff member. School sites will encourage activities that support personal efforts by staff to maintain and model a healthy lifestyle.
South Bay Union		1	The Superintendent or designee shall encourage staff to serve as positive role models. He/she shall promote and may provide opportunities for regular physical activity among employees.
Vista Unified	BP	1	The Superintendent or designee shall encourage staff to serve as positive role models.
Warner Unified	BP	4	Staff shall be encouraged to serve as positive role models.
Albert Einstein		2	- and schools are uniquely positioned to promote family and community health by modeling and supporting physical fitness and healthy nutritional choices: AEA resolve to encourage all staff, students, families, and friends of AEA to promote health and wellness at AEA through wise food choices and regular educational opportunities involving physical activity, nutrition, and environmental stewardship.