

**School Wellness Policy Attributes
“Sodium”**

District Name	BP/AR	Page #	Sentence
Alpine Union	BP 5030	d	“Will contain no more than 230 mg of sodium per serving for chips, cereals, crackers, French fries, baked goods, and other snack items; will contain no more than 480 mg of sodium per serving for pastas, meats, and soups; and will contain no more than 600 mg of sodium for pizza, sandwiches, and main dishes.”
Escondido Union	BP	4	School meals shall use foods low in sodium and limit sources of trans fatty acids whenever possible.
Escondido Union High	AR	2	Meals served through the National School Lunch and Breakfast Programs will: -meet the daily menu planning target levels for sodium, fiber and cholesterol.
Julian Union	BP	c	School meals shall use foods low in sodium and limit sources of trans fatty acids whenever possible.
La Mesa Spring Valley	AR	d	(2) Foods A food item sold individually will contain no more than: c. 230 mg of sodium per serving for chips, cereals, crackers, baked goods, and other snack items; will contain no more than 480 mg of sodium per serving for pastas, meats, and soups; and no more than 600 mg of sodium for pizza, sandwiches, and main dishes