

School Wellness Policy Attributes
“Monitor & Evaluate”

District Name	BP/AR	Page #	Sentence
Alpine Union	BP 5030	H, I	<p><u>“Monitoring.</u> The superintendent or designee will ensure compliance with established district-wide nutrition and physical activity wellness policies. In each school, the principal or designee will ensure compliance with those policies in his/her school and will report on the school's compliance to the school district superintendent or designee.</p> <p>The District Food Services Supervisor, as well as the Lead Food Services staff at various sites will ensure compliance with nutrition policies within school food service areas and will report on this matter to the superintendent or designee (or if done at the school level, to the school principal). In addition, the school district will report on the most recent USDA School Meals Initiative (SMI) review findings and any resulting changes.</p> <p>The superintendent or designee will develop a summary report at least every three years on district-wide compliance with the district's established nutrition and physical activity wellness policies, based on input from schools within the district. That report will be provided to the school board and also distributed to the district health council, parent/teacher organizations, school principals, and school health services personnel in the district.</p> <p><u>Policy Review.</u> To help with the initial development of the district's wellness policies, the superintendent or designee will conduct a baseline assessment of the schools’ existing nutrition and physical activity environments and policies.¹³ The results of those school-by-school assessments will be compiled at the district level to identify and prioritize needs.</p> <p>Assessments will be repeated every three years to help review policy compliance, assess progress, and determine areas in need of improvement. As part of that review, the school district will review its nutrition and physical activity policies; provision of an environment that supports healthy eating and</p>

			physical activity; and nutrition and physical education policies and program elements. The district, and individual schools within the district, will, as necessary, revise the wellness policies and develop work plans to facilitate their implementation.”
Bonsall Union		4	<ul style="list-style-type: none"> • Every school shall conduct a baseline assessment of nutrition and physical activity programs and practices, to be compiled at the district level.
Borrego Springs Unified	BP	B	The Superintendent or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy district-wide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district’s meal programs; and feedback from food service personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons.
Cajon Valley Union	BP 5030	C	<p>Specific quality indicators used to measure the implementation of the policy District wide and at each school shall include:</p> <ol style="list-style-type: none"> 1. Descriptions of the District’s nutrition education, physical education, and health education curricula 2. Number of minutes of physical education instruction offered at each grade span 3. Type of exemptions granted from physical education 4. Results of the state’s physical fitness tests 5. Analysis of the nutritional content of meals served based on a sample of menus 6. Student participation rates in school meal programs 7. Any sales of non-nutritious foods and beverages in fundraisers or other venues outside of the District’s meal programs 8. Feedback for Child Nutrition Department personnel, school administrators, parents/guardians, students and other appropriate persons <p>A report on the implementation of this policy and any other Board policies related to nutrition and physical activity shall be provided to the Board at least every</p>

			two years.
Cardiff Elementary		4	“The School Health Council shall conduct a baseline assessment of nutrition and physical activity programs and policies, to be compiled at the district level. The school district shall repeat its nutrition and physical activity assessment at least every two years to determine compliance and measure progress toward implementation of this policy.”
Carlsbad Unified	AR	1	The Council will meet throughout the school year to review the District’s Wellness Policy, Wellness Procedures, assessment results and new legal regulations.
	AR	2	<p>Measurement Device/Assessment</p> <ul style="list-style-type: none"> • The District Health and Wellness Council will create and facilitate the administration of a pre and post health and nutrition education student survey to aid in determining the success of our implemented curricula. • Teacher surveys will also be used to attain qualitative data about the curriculum products, student comprehension and implementation techniques. • The District Health and Wellness Council will analyze survey data to determine any changes in student knowledge, attitude and behavior.
	AR	8	<p>Program Implementation and Evaluation</p> <p>To help with the Wellness Policy implementation, the Health and Wellness Council will facilitate a site by site review. As part of that review, the school district, through the Health and Wellness Council, will review the following indicators:</p> <ul style="list-style-type: none"> • Descriptions of the district’s nutrition education, physical education, and health education curricula; • Number of minutes of physical education instruction offered at each grade span; • Number and type of exemptions granted from physical education; • Results of the state’s physical fitness test; • An analysis of the nutritional content of meals served based on a sample of menus • Student participation rates in school meal programs; • Any sales of non-nutritious foods and beverages

			<p>in fundraisers or other venues</p> <ul style="list-style-type: none"> • outside of the district’s meal programs; • Feedback from food service personnel, school administrators, the Health and Wellness Council, parents/guardians, students, and other appropriate persons. • Any other indicators recommended by the Superintendent and approved by the Board.
Chula Vista Elementary	BP	4, 5	<p>The Board shall establish a plan for measuring implementation of the policy. The Superintendent shall designate at least one person within the District and the site administrator with assistance from school staff, Parent and Teacher Organizations, and School Site Council at each school who is charged with operational responsibility for ensuring that the school sites implement the District’s wellness policy.</p> <p>The Superintendent or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy District wide and at each District school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the District’s meal programs; and feedback from food services personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons.</p>
Coronado Unified	BP	4	<p>“The Board shall establish a plan for measuring implementation of the policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school sites implement the district's wellness policy.”</p>
Dehesa	BP	3	<p>The Superintendent/Principal or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy districtwide. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district’s meal programs; and feedback from food service personnel,</p>

			school administrators, the school health council, parents/guardians, students, and other appropriate persons.
Del Mar Union	BP	1	The Superintendent/designee shall monitor compliance with district child nutrition and physical education policies and administrative regulations and annually receive a report from the Wellness Committee regarding the status of its work.
	BP	7,8	To help with the initial development of the district's wellness policies, each school in the district will conduct a baseline assessment of the school's existing nutrition and physical activity environments and policies through the auspices of the school nurse and health offices. The results of those school-by-school assessments will be compiled at the district level to identify and prioritize needs and forward the results to the District Wellness Committee. Assessments will be repeated every two years to help review policy compliance, assess progress, and determine areas in need of improvement. As part of that review, the school district will review the nutrition and physical activity program elements and the provision of an environment that supports healthy eating and physical activity. The district will, as necessary, revise the wellness policies and develop work plans to facilitate their implementation.
Encinitas Union	AR	A	I. SCHOOL WELLNESS COUNCIL The school district will have an established school wellness council to develop, implement, monitor, review, and, as necessary, revise school nutrition and physical activity policies. The council also will serve as resources to school sites for implementing those policies. This school health council may be represented by individuals from the school and community and should include parents, students, representatives of the school food services, members of the school board, school administrators, teachers, health professionals, and members of the public. They will meet a minimum of four times a school year.
		j	<u>Policy Review.</u> To help with the initial development of the district's wellness policies, each school in the district will conduct a baseline assessment of the school's existing nutrition and physical activity

			<p>environments and policies. The results of those school-by-school assessments will be compiled at the district level to identify and prioritize needs.</p> <p>Assessments will be repeated every three years to help review policy compliance, assess progress, and determine areas in need of improvement. As part of that review, the school district will review our nutrition and physical activity policies; provision of an environment that supports healthy eating and physical activity; and nutrition and physical education policies and program elements. The district, and individual schools within the district, will, as necessary, revise the wellness policies and develop work plans to facilitate their implementation.</p>
Escondido Union	BP	4	The Nutrition Services Department shall monitor and implement food safety procedures for all food sold, served, or consumed on school premises with the exception of food brought from home for individual consumption or staff only functions.
	BP	4	<u>Program Implementation and Evaluation:</u> The board shall establish a plan for measuring implementation of the policy. The superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school sites implement the district’s wellness policy. The superintendent/designee shall effectively communicate the goals and directives of the district’s wellness policy with all staff, students, and parents.
	BP	4 - 5	The superintendent or designee shall recommend for board approval specific quality indicators that will be used to measure the implementation of the policy district-wide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fund-raisers or other venues outside the district’s meal programs; and feedback from food service personnel, school administrators, the school wellness committee, parents/guardians, students, and other appropriate persons.

	BP	5	The superintendent or designee shall report to the board at least every two years on the implementation of this policy and any other board policies related to nutrition and physical activity.
	AP	10	<p><u>Program Implementation and Evaluation</u></p> <ol style="list-style-type: none"> 1. The superintendent's designees will develop and recommend quality indicators for board approval that indicate the level and success of the implementation of the wellness policy. These indicators will be presented in the form of an annual written survey to evaluate the implementation of the wellness policy. 2. These indicators shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district's meal programs; and feedback from food service personnel, school administrators, the school wellness committee, parents/guardians, students, and other appropriate persons. 3. This survey will be distributed, collected, and analyzed by the Director of Nutrition Services Department.
Escondido Union High	AR	1	<p><u>District Wellness Committee</u></p> <p>The school district's wellness committee will make recommendations to develop, implement, monitor, review, and, as necessary, revise school nutrition and physical activity policy regulations. The district's Superintendent or his designee may put in place the procedures and administrative regulations necessary as a result of the committee's recommendations. The committee will also serve as a resource to school sites for implementing those regulations.</p>
	AR	7	<p><u>Monitoring</u></p> <p>The superintendent or designee will ensure compliance with established district-wide nutrition and physical activity wellness policies. In each school, the principal or designee will ensure compliance with those policies in his/her school and will report on the school's compliance to the school district superintendent or designee.</p>
Fallbrook	BP 5030	3	By November 30, 2006, the council or committee shall

			policy, success indicators, reporting methodology, monitoring curriculum requirements, and frequency of reporting to the board.
Jamul-Dulzura Union	BP	5	<p>The health council, in collaboration with the district superintendent, shall submit for board approval a plan that includes specific quality indicators (e.g., nutrient analysis of school meals, physical activity offerings and student participation rate, school meal participation rates, sales of non-nutritious foods/beverages from fund-raisers and other venues, feedback from school/district food service personnel, administrators, members of the school health council, parents, and other appropriate persons) for implementing and evaluating this student wellness policy.</p> <ul style="list-style-type: none"> • Every school shall conduct a baseline assessment of nutrition and physical activity programs and practices, to be compiled at the district level. • The school district shall repeat its nutrition and physical activity assessment at least every two years to determine compliance and measure progress toward the goals specified in this policy.
Julian Union	BP	d	The superintendent or designee shall recommend for board approval specific quality indicators that will be used to measure the implementation of the policy district-wide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fund-raisers or other venues outside the district's meal programs; and feedback from food service personnel, school administrators, the school wellness committee, parents/guardians, students, and other appropriate persons.
Julian Union High	BP	5	The school health council, in collaboration with the district superintendent will submit for board approval a plan that includes specific quality indicators (e.g., nutrient analysis of school meals, physical activity offerings and student participation rates, school meal participation rates, sales of non-nutritious foods/beverages from fund-raisers and other venues, feedback from school/district food service personnel, administrators, member of the student health council, parents and other appropriate persons) for

			implementing and evaluating this student wellness policy. Every school shall conduct a baseline assessment of nutrition and physical activity programs and practices, to be compiled at the district level.
La Mesa Spring Valley	BP	A	This policy will be reviewed annually through the use of implementation surveys.
	AR	j	<p>Monitoring and Policy Review</p> <p>1. Monitoring The Superintendent or designee will ensure compliance with established district-wide nutrition and physical activity wellness policies. In each school, the principal or designee will ensure compliance with those policies in his/her school and will report on the school's compliance to the school district Superintendent or designee.</p> <p>School food service staff, at the school or district level, will ensure compliance with nutrition policies within school food service areas and will report on this matter to the Superintendent (or if done at the school level, to the school principal). In addition, the school district will report on the most recent USDA School Meals Initiative (SMI) review findings and any resulting changes. If the district has not received a SMI review from the state agency within the past five years, the district will request from the state agency that a SMI review be scheduled as soon as possible.</p>
Lemon Grove	BP	2 & 3	<p>To determine whether the policy is being effectively implemented district-wide and at each district school, the following indicators shall be used:</p> <ol style="list-style-type: none"> 1. Descriptions of the district's nutrition education, physical education, and health education curricula 2. Number of minutes of physical education instruction offered at each grade span 3. Number and type of exemptions granted from physical education 4. Results of the state's physical fitness test 5. An analysis of the nutritional content of meals served based on a sample of menus 6. Student participation rates in school meal programs 7. Any sales of non-nutritious foods and beverages in fundraisers or other venues outside of the district's meal programs

			<p>8. Feedback from food service personnel, school administrators, the District Wellness Committee, parents/guardians, students and other appropriate persons</p> <p>9. Any other indicators recommended by the Superintendent and approved by the Board</p>
Mt. Empire Unified	BP	4	<p>The Superintendent shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy district-wide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district's meal programs; and feedback from food service personnel, school administrators, the school district wellness council, parents/guardians, students, and other appropriate persons.</p>
National	BP 5030	1, 5	<p>The Wellness Council will act as the National School District Wellness Policy Council (as provided in Federal Legislation) and will assist in developing, implementing, monitoring, reviewing, and, as necessary, revising school nutrition and physical activity policies. The Council will serve as a resource to school sites for implementing those policies. An individual school wellness council may be formed and would consist of a group of individuals representing the school and community, and may include parents/guardians, teachers, students, representatives of child nutrition services and health professionals.</p> <p>Program Implementation and Evaluation The Board shall establish a plan for measuring implementation of the policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school sites implement the district's wellness policy. The Superintendent or designee shall effectively communicate the goals and directives of the district's wellness policy with all staff, students, and parents/guardians.</p>
Oceanside Unified	BP	3	<p>The superintendent or designee shall recommend for board approval specific quality indicators that will be used to measure the implementation of the policy</p>

			district-wide and at each school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; sales of non-nutritious foods and beverages in fundraisers or other venues outside the district's meal programs; and feedback from food service personnel, school administrators, parents/guardians, and students.
Poway Unified	BP	8	<p>District representatives shall develop a plan for implementing the wellness policy and measuring implementation district-wide.</p> <p>The superintendent, or designee, shall ensure compliance with the adopted wellness policy and its nutrition standards. In each school, the principal, or designee, will ensure compliance with those policies in his/her school and will report on the school's compliance to the superintendent, or designee.</p> <p>The Food and Nutrition Director will ensure compliance with nutrition policies within school food and nutrition areas and will report on this matter to the Deputy Superintendent.</p>
Ramona Unified	BP	2	<p>The Board shall establish a plan for measuring implementation of the policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school sites implement the district's wellness policy.</p> <p>The Superintendent or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy district-wide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district's meal programs; and feedback from food service personnel, school administrators, parents/guardians, students, and other appropriate persons.</p>
San Diego Unified	AP	5	2.) The Coordinator shall ensure communication to program and site administrators of the Wellness Policy (H-7700) and this procedure. A report of progress toward compliance with the goals of this

			<p>procedure and the Wellness Policy shall be made annually for the next three years, then semiannually to the Superintendent and Board of Education. This report shall include feedback from all stakeholders and the District Coordinated School Health Council.</p>
San Dieguito Union High	BP 5030	1	<p>The Board shall involve parents/guardians, students, and school personnel in the development, implementation and monitoring of the district wellness policy. The district Parent Curriculum Advisory Council and the district Physical Education Academic Committee, the Life Skills Academic Committee and Coordinating Council shall be involved in the development, implementation and monitoring of the wellness policy.</p>
	AR 5030	8	<p>3. The Superintendent or designee will ensure district-wide and individual school compliance with the school wellness policy. 4. The principal or designee should ensure individual school compliance.</p>
San Pasqual Unified		5	<p>1. Superintendent will appoint a district Health Committee. This committee will consist of representatives of parents, middle school age students, school food service providers and teachers including a physical education teacher. 2. The Health Committee will ensure communication to the staff, Board and families. A report of progress with goals of the procedures will be made to the Board of Education on a regular basis.</p>
San Ysidro	BP	F	<p>Program Implementation and Evaluation The Governing Board shall establish a plan for measuring implementation of the policy. Schools/district, school administrator, food service staff, and other members of the school health council shall provide continued assistance in implementing this policy. The Superintendent shall designate the school administrator or designee at each school who is charges with operational responsibility for ensuring that the school sites implement the district’s wellness policy. Special assistance will be provided to schools not meeting this policy.</p> <p>The Superintendent or designee shall recommend for Governing Board approval specific quality indicators</p>

			that will be used to measure the implementation of the policy district wide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals serves; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district’s meal programs; and feedback from food service personnel, school administrators, the school health council, parents/guardians, students, and other appropriate persons.
Solana Beach	E	5	<u>Monitoring</u> The Superintendent or designee will ensure compliance with established district-wide nutrition and physical activity wellness policies. School food service staff, at the school or district level, will ensure compliance with nutrition policies within school food service areas and will report on this matter to the Superintendent or designee. In addition, the District will report on the most recent USDA School Meals Initiative (SMI) and Coordinated Review Effort (CRE) review findings and any resulting changes.
South Bay Union		2	The Board shall establish a plan for measuring implementation of the policy. The Superintendent shall designate at least one person within the district and at each school who is charged with operational responsibility for ensuring that the school sites implement the district’s wellness policy. The Superintendent or designee shall recommend for Board approval specific quality indicators that will be used to measure the implementation of the policy district-wide and at each district school. These measures shall include, but not be limited to, an analysis of the nutritional content of meals served; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside the district’s meal programs; and feedback from food service personnel, school administrators, parents/guardians, students, and other appropriate persons.
Vista Unified	BP	2	The Board shall establish a plan for monitoring the implementation and compliance of all the district wellness policies. The Superintendent shall designate at least one (1) person within the

			<p>district and a representative at each school site to ensure that the school sites comply with the district's wellness policies.</p> <p>16. Specific quality indicators will be used to measure the implementation and compliance of the wellness policies, district wide and at each school site. These measures shall include but not be limited to:</p> <ul style="list-style-type: none"> • Physical Education minutes • Other Food Sales • Nutrition Education • School Nutrition Program
Warner Unified	BP	5	<p>The Board shall establish a plan for monitoring the implementation and compliance of all the district wellness policies. The Superintendent shall designate at least one (1) person within the district and a representative at each school site to ensure that the school sites comply with the district's wellness policies.</p> <p>To determine whether the policy is being effectively implemented district wide and at each district school, the following indicators shall be used: descriptions of the districts' nutrition education, physical education and health education curricula; number of minutes of physical education instruction offered at each grade span; number and type of exemptions granted from physical education; results of the state's physical fitness test; an analysis of the nutritional content of meals served based on a sample of menus; student participation rates in school meal programs; any sales of non-nutritious foods and beverages in fundraisers or other venues outside of the district's meal programs; feedback from food service personnel, school administrators, the school health council, parents/guardians, students and other appropriate persons and any other indicators recommended by the Superintendent and approved by the Board.</p>