

School Wellness Policy Attributes
“Electrolyte Replacement Beverages”

District Name	BP/AR	Page #	Sentence
Alpine Union	BP 5030	f	Not allowed: soft drinks containing caloric sweeteners; sports drinks...
Cajon Valley Union			Allows electrolyte beverages in middle schools
Encinitas Union		1	Whereas, nationally, the items most commonly sold from school vending machines, school stores, and snack bars include low-nutrition foods and beverages, such as soda, sports drinks, imitation fruit juices, chips, candy, cookies, and snack cakes Thus, the Encinitas Union School District is committed to providing school environments that promote and protect children’s health, well-being, and ability to learn to their fullest potential by supporting healthy eating and physical activity.
Escondido Union			Allows electrolyte beverages in middle schools
Escondido Union High			Allows “appropriate sports drinks”
Fallbrook Union High			Allows electrolyte beverages
Grossmont Union High			Allows electrolyte beverages
La Mesa Spring Valley			Allows electrolyte beverages for middle schools but also says no “sports drinks.”
Lakeside Union			Allows electrolyte beverages at middle schools
Lemon Grove			Does not sell in middle schools but not in policy
Poway Unified	BP	5	Beverages containing added sweeteners, including, but not limited to, sugar (raw, refined, unrefined, cane, brown, turbinado, white), invert sugar, dextrin, sucrose, honey, corn syrup, high fructose corn syrup, aspartame, saccharin, sucralose, cane juice, molasses, Equal, NutraSweet, and Splenda (excluding hot chocolate).
San Dieguito Union High			Allows electrolyte beverages

San Marcos Unified			Allows electrolyte beverages at middle & high
San Pasqual Unified			Allows electrolyte beverages at middle & high
South Bay Union			Allows electrolyte beverages at middle
Vista Unified			Allows electrolyte beverages at middle and high