

**School Wellness Policy Attributes
“Water Access/Filtration”**

District Name	BP/AR	Page #	Sentence
Alpine Union	BP	2	Allowed: water or seltzer water ⁷ without added caloric sweeteners; fruit and vegetable juices and fruit-based drinks that contain at least 50% fruit juice and that do not contain additional caloric sweeteners; unflavored or flavored low-fat or fat-free fluid milk and nutritionally-equivalent nondairy beverages (to be defined by USDA);
		3	<u>Snacks</u> . Snacks served during the school day or in after-school care or enrichment programs will make a positive contribution to children's diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and water as the primary beverage.
Del Mar Union	BP	5	Snacks served during the school day or in after-school care or enrichment programs will make a positive contribution to children’s diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and water as the primary beverage.
Encinitas Union	AR	C	<u>Allowed</u> : water or seltzer water without added caloric sweeteners;
		d	Snacks served during the school day or in after-school care or enrichment programs will make a positive contribution to children’s diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and water as the primary beverage.
Escondido Union	BP	10	The only beverages that shall be sold, served, or given away shall be water (with no added sweeteners), milk, fruit juice, preferably 100 percent but at least 50 percent fruit juice (with no added sweeteners), vegetable juice, at least 50 percent vegetable juice (with no added sweeteners), and in middle schools only, electrolyte replacement beverages with no more than 42 grams of added sweeteners per 20 ounce serving.
Escondido	AR	3	Allowed: water or seltzer water without added

Union High			caloric sweeteners; appropriate sports drinks; fruit and vegetable juices and fruit-based drinks that contain at least 50% fruit juice and that do not contain additional caloric sweeteners; unflavored or flavored lowfat or fat-free fluid milk and nutritional-equivalent nondairy beverages (to be defined by USDA);
Fallbrook Union High			3. Drinking water with no added sweetener
Grossmont Union High	BP	8	b. The following beverages are allowed for sale during the school day: 1. Drinking water with no added sweetener
La Mesa Spring Valley	AR	C e	<u>Allowed:</u> Water or seltzer water without added caloric sweeteners; <u>Snacks:</u> Snacks served during the school day or in after-school care or enrichment programs will make a positive contribution to children’s diets and health, with an emphasis on serving healthy snacks, which includes fruit and vegetables and water as the primary beverage.
Poway Unified	BP	2	Students and staff should have access to appropriate hydration (e.g., water or other fluids).
San Dieguito Union High	AR 5030	4 6	3. The district ensures that students and staff have access to appropriate hydration (e.g., water or other fluids). The only beverages that shall be sold are: • Water, with no added sweeteners
San Marcos Unified	Summary	2	Acceptable School Beverages Drinking Water—no added sweetener
San Pasqual Unified		5	Establish and maintain a safe physical environment for students and staff including acceptable indoor air quality, ambient lighting and temperature conditions, equipment safety, hygienic facilities, safe transportation, and ensuring optimal social environment in schools.
	Appendix A	2	Elementary School: • Water with no added sweetener Middle and High School: • Water with no added sweetener
	Appendix B	6	<u>Healthy Beverages:</u> Water – Water should be the main drink served to kids at snack times. Water satisfies thirst and does

			not have sugar or calories. If kids are used to getting sweetened beverages at snack times, it may take a little time for them to used to drinking water.
Solana Beach	E	3	Snacks served during the school day or in after-school care or enrichment programs will make a positive contribution to children's diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and water as the primary beverage.
South Bay Union		3	Drinking water with no added sweetener
Valley Center-Pauma Unified		1	Beverages -Asst. Water's Milk and 100% Juice
Albert Einstein		4	<ul style="list-style-type: none"> • Lunch periods should be scheduled so that students do not have to eat lunch unusually early or late, and ideally, so that they come after periods of exercise and with sufficient time to eat. Middle school students may eat during passing periods and all students will be allowed to drink water during class time.