

SANTEE SCHOOL DISTRICT
9625 CUYAMACA STREET
SANTEE, CALIFORNIA 92071-2674
(916) 258-2300

STUDENT WELLNESS

The Governing Board recognizes the link between student health and learning and desires to provide a comprehensive program promoting healthy eating and physical activity for district students. The Superintendent or designee shall build a coordinated school health system that supports and reinforces healthy literacy through health education, physical education, health services, nutrition service, psychological and counseling services, health promotion for staff, a safe and healthy school environment, and parent/guardian and community involvement. This policy will meet federal guidelines.

The federal law requires that, at a minimum, the local wellness policy include:

1. Nutrition guidelines selected by the district for all foods available on each campus during the school day, with the objectives of promoting student health and reducing childhood obesity.
2. An assurance that guidelines selected for reimbursable school meals will not be less restrictive than federal regulations and guidance issued pursuant to 42 USC 1758 (f) (1), 1766 (a) and (b), as they apply to schools.
3. Goals for nutrition education, physical activity, and other school-based activities (42 USC 1751) that are designed to promote student wellness in a manner that the district determines is appropriate.
4. A plan for measuring implementation of the wellness policy, including the designation of one or more persons in the district or at each school charged with operational responsibility for ensuring that the school meets the policy.
5. The law requires that certain persons be involved in the development of the Wellness policy. Participants include parents/guardians, students, school food service professionals, school administrators, Board representatives, and members of the community.

Legal Reference:

EDUCATION CODE

49430-49436	Pupil Nutrition, Health, and Achievement Act of 2001
49490-49493	School breakfast and lunch programs
49500-49505	School meals
49510-49520	Nutrition
49530-49536	Child Nutrition Act
49540-49536	Childcare food program
49547-49548.3	Comprehensive nutrition services
49550-49560	Meals for needy students
49565-49565.8	California Fresh Start pilot program
49570	National School Lunch Act
51222	Physical education
51223	Physical education, elementary schools

CODE OF REGULATIONS, TITLE 5

15500-15501	Food sales by student organizations
15510	Mandatory meals for needy students
15530-15535	Nutrition education
15550-15565	School lunch and breakfast programs

UNITED STATES CODE, TITLE 42

1751-1769	National School Lunch Program, especially:
1751 Note	Local wellness policy
1771-1791	Child Nutrition Act, including:
1773	School Breakfast Program
1779	Rules and regulations, Child Nutrition Act

CODE OF FEDERAL REGULATIONS, TITLE 7

210.1-210.31	National School Lunch Program
220.1-220.21	National School Breakfast Program

Adopted: June 6, 2006

Amended: May 20, 2008