



Websites

211, www.211sandiego.org

2-1-1 San Diego is a private non-profit organization that provides free information and referral services to community resources in San Diego County.

Adolescent Health Working Group (AHWG), www.ahwg.net

The Adolescent Health Working Group (AHWG) is a coalition of committed youth, adults, and representatives of public and private agencies whose mission is to significantly advance the health and well-being of San Francisco's youth. They accomplish their mission by utilizing the collective wisdom, resources, and energy of individuals and public and private agencies who love and support young people. They developed the Body Basics: An Adolescent Provider Toolkit.

Agency for Healthcare Research and Quality (AHRQ), U.S. Department of Health and Human Services, www.ahrq.gov

The mission of the Agency for Healthcare Research and Quality is to improve the quality, safety, efficiency, and effectiveness of health care for all Americans.

American Academy of Pediatrics (AAP), www.aap.com

The American Academy of Pediatrics is an organization of 60,000 pediatricians committed to the attainment of optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults. The information on their website comes from the nation's leading child health experts and that we have scientific research supporting their recommendations.

American Cancer Society (ACS), www.cancer.org

The American Cancer Society (ACS) is a nationwide, community-based voluntary health organization. Headquartered in Atlanta, Georgia, the ACS has state divisions and more than 3,400 local offices. For nutrition and physical activity, click on the "Food and Fitness" link.

Bright Futures, www.brightfutures.org

Bright Futures is a national health promotion initiative dedicated to the principle that every child deserves to be healthy and that optimal health involves a trusting relationship between the health professional, the child, the family, and the community as partners in health practice. For information about childhood obesity prevention, click on <http://www.brightfutures.org/nutrition/pdf/index.html>

California Academy of Family Physicians, www.familydocs.org

The California Academy of Family Physicians is the largest chapter of the American Academy of Family Physicians. The website provides tools for professional development, advocacy, and practice resources.

California Nutrition Network, http://www.dhs.ca.gov/cdic/cpns/network/net_about.htm

The California Nutrition Network assists local public entities to enhance their nutrition education programs and promotion of physical activity through an ongoing Local Incentive Awardee (LIA) program. This local assistance program supports nutrition education/physical activity promotion that targets Food Stamp-eligible and similar low-income consumers throughout the state.

Centers for Disease Control and Prevention (CDC), www.cdc.gov

CDC's Mission is to promote health and quality of life by preventing and controlling disease, injury, and disability. To get information about nutrition, click on <http://www.fruitsandveggiesmatter.gov/> and information on growth charts, click on <http://www.cdc.gov/growthcharts/>

Chula Vista Community Collaborative (CVCC), www.chulavistacc.org

The Chula Vista Community Collaborative (CVCC) draws together all sectors of the local community to develop coordinated strategies and systems that protect the health and safety of residents, develop economic resources, promote local leadership, enhance the environment, and contribute to the celebration of and respect for cultural diversity. The CVCC is the umbrella for a variety of programs and committees. The most notable infrastructure of the CVCC is the network of Family Resource Center that have been created and sustained by collective effort.

Coalition on Children and Weight San Diego (CCWSD) and the San Diego County Obesity Initiative, <http://www.ccwsd.org/>

The San Diego County Obesity Initiative and the Coalition on children and Weight of San Diego are working to reduce the prevalence of childhood overweight and obesity in San Diego County with an overall goal to improve the health of children and families.

Consortium to Lower Obesity in Chicago Children (CLOCC), <http://www.clocc.net/>

Consortium to Lower Obesity in Chicago Children (CLOCC) is a nationally recognized consortium that brings together hundreds of organizations and individuals to confront childhood obesity in Chicago. CLOCC fosters and facilitates connections between researchers; public health advocates and practitioners; corporations; policymakers; and children, families, and communities. Together, we work to promote healthy and active lifestyles for children throughout the Chicago metropolitan area.

Council of Community Clinics in San Diego (CCC), www.ccc-sd.org

The Council of Community Clinics is composed of 17 community clinic and health center organizations operating more than 75 primary care sites throughout San Diego and Imperial counties. The mission of the CCC is to represent and support community clinics and health centers in the efforts to provide access to quality health care and related services for the diverse communities they serve, with an emphasis on low income and uninsured populations. For a list of clinics, click on <http://www.ccc-sd.org/clinics/clinic-search.aspx>

Family Doctor, www.familydoctor.org

The American Academy of Family Physicians has set up this website to provide health information for the whole family. They developed the Americans in Motion (AIM) Food and Activity Journal.

Fit for Learning, www.fitforlearning.org

Fit for Learning is a response to the alarming increase of childhood obesity. The Santa Clara County Office of Education (SCCOE), in cooperation with The Health Trust and Healthy Silicon Valley, launched the program in 2005. In the first year we focused on 5th grade students in Santa Clara County. Last year we expanded to kindergarten through sixth grade.

Fruits & Veggies—More Matters, <http://www.fruitsandveggiesmorematters.org>

Formerly 5 a Day (www.5aday.org), the new website Fruits and Veggies – More Matters encourages individuals to add more fruits and vegetables to their diet. The new website contains resources for creating a planning shopping list, recipes and even how to get kids involved in planning and cooking meals with more fruits and vegetables.

Maine Center for Public Health (MCPH), www.mcph.org

The Maine Center for Public Health (MCPH) is a non-governmental organization developed in order to complement the work of committed but over-stretched state and local public health agencies and partners and developed resources such as Keep ME Healthy materials.

National Institutes of Health (NIH), www.nih.gov

The National Institutes of Health (NIH), a part of the U.S. Department of Health and Human Services, is the primary Federal agency for conducting and supporting medical research. Helping to lead the way toward important medical discoveries that improve people's health and save lives, NIH scientists investigate ways to prevent disease as well as the causes, treatments, and even cures for common and rare diseases. Composed of 27 Institutes and Centers, the NIH provides leadership and financial support to researchers in every state and throughout the world.

RecreationRx.org, www.recreationrx.org

Dr. Chris Searles developed the RecreationRx.org program to give doctors and patients another tool to get active and stay healthy. The program connects local health care providers, recreation providers, patients and the community. Through the use of a "recreation prescription", patients are prescribed the appropriate dose of exercise and social connection. The "recreation prescription" also represents a community partnership that supports the doctor's recommendations for healthy activity through recreation.

San Diego Prevention Research Center, www.sdprc.org

The San Diego Prevention Research Center is an interdisciplinary academic-community partnership committed to conducting research and education to promote physical activity and improve the health of Latino populations.

San Ysidro Health Center, Casita de Salud, www.syhc.org

The Mission of San Ysidro Health Center is to improve the health and well-being of our community's traditionally underserved and culturally diverse people. The San Ysidro Health Center has health educators available to teach about personal health and the ways to improve it through proper care and nutrition.